Meet Shirley
Our gracious supporter turns 100

Small but mighty warrior
Kylan Blake

Building for the future
Partnership with the Masons

There’s no folding in this game
Stroke survivor Jeff Furler

Inspiring partnerships for healthier communities
Thank you for your constancy amid change

By Randy Varju, President of Advocate Charitable Foundation

“Change is the only constant.” I think I know what the Greek philosopher Heraclitus was trying to say 2,500 years ago. Nothing seems to stay the same. That’s certainly true in health care, which is always adapting and evolving in response to developments in science, technology, demographics, law and the economy, among other things.

I’m reflecting on change in part because this issue of Healing Gifts looks so different, following our first redesign in 12 years. It used to be less expensive to print in black and white, but advances in printing mean we can now share our stories in full-color glory without increasing costs. Redesigning our magazine comes on the heels of redeveloping our website—advocategiving.org—another example of how changes in technology are enabling us to communicate with our supporters more effectively.

Change certainly is constant, but is it the only constant? As you’ll read in this issue, Illinois Masons have been giving to Advocate’s hospital on Chicago’s North Side since 1921. Shirley Shaw has been supporting her suburban Advocate hospital for nearly 30 years—and recently celebrated her 100th birthday. We are fortunate to have earned their loyalty—a constant that has weathered decades of change.

Another constant: Advocate’s commitment to meeting the needs of those it serves, no matter what changes are required to do so.

Thank you, as always, for your support. Your partnership is truly inspiring.

Visit advocategiving.org to make a gift, buy tickets for an upcoming special event or learn more about current fundraising priorities.

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Five Advocate hospitals ranked again in nation’s 100 Top

Five Advocate Health Care hospitals have again been named to the prestigious national list of 100 Top Hospitals by Truven Health Analytics. Christ Medical Center, Condell Medical Center, Good Samaritan Hospital, Illinois Masonic Medical Center and Lutheran General Hospital were recognized for overall organizational performance across key measures, including operational efficiency, financial stability, patient care and patient safety.

“The recognition is a testament to the hard work and dedication of our physicians and associates who go above and beyond to meet the needs of those we serve,” said Jim Skogsbergh, president and chief executive officer of Advocate Health Care.

Advocate hospitals excel in patient safety

Eight Advocate hospitals have been recognized for excellence in patient safety by the Leapfrog Group. Christ Medical Center, Condell Medical Center, Good Samaritan Hospital, Good Shepherd Hospital, Illinois Masonic Medical Center, Lutheran General Hospital, Sherman Hospital and South Suburban Hospital all earned an A grade for the latest survey period.

Advocate’s top doctor wins top honors

Advocate Health Care’s chief medical officer, Lee Sacks, MD, has received two prestigious awards this year in recognition of his visionary leadership in transforming health care: The Career Achievement Award from the Chicago Health Executive Forum and the Billings Centennial Physician Award from the Institute of Medicine of Chicago.

Dr. Sacks plays a key role in advancing system-wide, evidence-based medicine; promoting a culture of safety; and encouraging continuous improvement in clinical outcomes. He has also become an influential voice in American health care, engaging in health reform dialogues with both the Secretary of Health and Human Services and the Finance Committee of the U.S. Senate.

“These awards are well-deserved,” says Advocate CEO Jim Skogsbergh. “Lee’s leadership around safety, quality and efficiency have had a positive impact well beyond the walls of our health care ministry.”

Advocate anticipates merger with NorthShore

Last fall, Advocate Health Care announced plans to merge with NorthShore University HealthSystem to create a new health care system. “Both organizations have a longstanding commitment to quality, and together we will continue to advance innovation and outcomes,” says Advocate board chair Michele Richardson. “Combined, we will create economies of scale that will allow us to reduce the trend of rising health care costs.”

Advocate’s faith sponsors and the state of Illinois have approved the merger. A determination by the Federal Trade Commission is expected by the end of the year.

Save the date for An Evening to INSPIRE

This year Advocate Health Care enters its third decade of service. To mark the beginning of a new era, Advocate champions from across Chicagoland and Central Illinois will gather at the Field Museum on October 3 for a special system-wide fundraising event. “In effect, multiple galas will be held on the same night this year, but An Evening to INSPIRE will be no ordinary gala,” says Foundation president Randy Varju. “Our event will be as bold as Advocate’s vision and as inspiring as the people we are privileged to serve. This will be a spectacular, once-in-20-years experience that nobody who is proud of Advocate’s past and excited about our future will want to miss.” Tickets go on sale soon at advogiving.org.
On the table are scrapbooks with family photos and newspaper clippings marking life-changing events. Among the memorabilia are 1940s advertisements touting everything from kitchen appliances to Coca-Cola. The attractive young model featured in the ads is Shirley Shaw—a dear friend and longtime supporter of Advocate Good Shepherd Hospital. In February, Shirley turned 100—and we visited her at home to learn more about this remarkable centenarian.

Shirley was born in Lake Forest and grew up in the Chicago area. She first put down roots in Barrington when she married John Shaw in 1946. The son of phenomenally successful publisher Arch W. Shaw, John was a great match for Shirley. The couple shared interests in gardening, golf and philanthropy—and Shirley continued to model by volunteering her services for charity fashion shows. She and John soon had an active family life with their sons, Arch and Bruce. Arch still lives nearby, while Bruce hails from the Boston area. They have given Shirley four grandchildren and a great grandchild.

Gardening and golf
For a long time, the Shaws lived on Brinker Road in Barrington, where a sea of daffodils could be seen from the road each spring. It was part of Shirley’s passion for gardening—as was her longstanding dedication to The Garden Club of Barrington, well-known for its philanthropic, educational and civic
contributions to the region. While Shirley is now an “armchair gardener,” she still loves flowers—and her home is adorned with orchids.

Shirley also confesses to being what she calls a “golf bum”—and brags about being a “good putter.” She’s long been a regular at the Barrington Hills Country Club course, and before John’s death in 1990, the two played at Onwentsia in Lake Forest. While spending the winter in Arizona, she won a ladies 9-hole tournament at the tender age of 86!

**Care to count on**

Asked how it feels to turn 100, Shirley says, “I don’t feel any different. I’ve had a very good life, and I am thankful for what I’ve had.” She is also thankful for the care she’s received at Advocate Good Shepherd Hospital. With help from her caregiver, Annie Kern, RN, Shirley shared the tale of her recent medical trials and the extraordinary comeback she’s made.

In August 2013, Shirley’s longtime orthopedic doctor Frederick Locher, MD, referred her to young, new orthopedic surgeon Jeremy Oryhon, MD, to treat the pain in her right hip joint, which had been replaced in 2007. By the fall, a staph infection that had caused abscesses was diagnosed, and intravenous antibiotics were prescribed. After several consultations, Shirley bravely chose to go through the long process of removing the prosthesis, replacing it with a spacer that was pre-loaded with antibiotics, and then having a new hip joint put in. She and Annie discussed whether to have the procedures done at a downtown hospital, but Shirley was adamant about staying close to home. Most importantly, Annie says, “She felt confident in the care at Good Shepherd Hospital.”

Shirley’s confidence proved well-placed, and she managed to get through each procedure and rehabilitation process under the direction of Dr. Oryhon. Despite his youth, she soon felt certain of his competence and became fond of him, as well. “I love him,” she says. As for her hospital stay at Good Shepherd, Shirley reports, “The care was superb. They were very attentive... just wonderful.”

**Leadership to respect**

Among Shirley’s frequent visitors was Karen Lambert, president of Good Shepherd Hospital. Karen came to see Shirley because she simply enjoys her company. “She’s really a delightful person—and sharp as a tack,” Karen says. The admiration is mutual. Shirley observes that the people who work for Karen respect her and appreciate her leadership in moving forward with the hospital’s campus-wide modernization project. “She’s fabulous,” Shirley says. “They’re lucky to have her.”

By June of last year, Shirley was up and about, insisting on inviting friends to lunch at the Barrington Hills Country Club. Annie snapped a picture of her that day, and she looked as lovely as ever.

**A tradition of giving**

When thanked for her family’s longtime support of Good Shepherd Hospital through the Arch W. Shaw Foundation, Shirley just smiles and says that three generations of the Shaw family have made charitable investments in health care simply because it is such a critical need. Her recent experiences have deepened her affinity for Good Shepherd and her understanding of its modernization project that will bring private rooms, consolidated services and advanced operating suites to the hospital. She’s also especially glad orthopedic surgeons like Dr. Oryhon will have a dedicated orthopedics floor in the new pavilion.

Shirley has one complaint, though. An avid sports fan, she finds watching sporting events on TV a key element of her healing process, and the options are limited. She recommends offering inpatients an upgrade on sports channels—especially during playoffs!
At her 20-week ultrasound, Raina Blake and her husband, Nick, were excited to learn their first child was a boy. Just one week later their elation quickly changed to worry, when they learned their unborn baby had four different types of congenital heart defects—and the only way he would survive would be to have a series of three open heart surgeries in his first two years of life.

Scared and yearning for information, Raina and Nick turned to the Internet hoping to learn more about their child’s condition, but all they found was a lot of negative data and misinformation. Thankfully they received the reassurance they needed from their pediatric cardiologist, who told them their baby could have a good quality of life. And they found the hope they needed from a pediatric heart surgeon at Advocate Children’s Hospital – Oak Lawn.

“Our meeting with Dr. Michel Ilbawi was the most incredible meeting I’ve ever had with any medical professional,” shares Raina. “He sat down in front of us, drew our son’s heart and explained exactly what needed to be done; it was amazing. Then when he was finished, he gave us a hug and told us everything would be all right.”

Born with heart defects, Kylan Blake has conquered many medical complications to become the happy, healthy child he is today. 

Small but mighty warrior

Born with heart defects, Kylan Blake has conquered many medical complications to become the happy, healthy child he is today.
Welcome to the world
On May 18, 2009, Kylan Nicholas Blake was born at 38½ weeks gestation via emergency C-section, after his heart rate plummeted during labor. A team from the neonatal intensive care unit was standing by in the delivery room and immediately transported him to the unit to begin care. Kylan did well in his first few days, and at nine days old he was wheeled into the operating room for his first open heart surgery.

“We knew that he was in good hands with Dr. Ilbawi and his team—and we had to put our faith in the idea that their hands were going to heal him,” says Raina. “The surgery was performed without complications, and when we saw Kylan we saw a beautiful, healthy boy. We were so grateful, happy and excited… it was like we were seeing him for the first time.”

Two and a half weeks later—when Kylan was 27 days old—he was finally released to go home.

Adjusting to life
The first few months the family focused on adjusting to their new life. There were what-ifs and uncertainty, but then Kylan had his second surgery to re-route blood flow through his heart at four months old and did great. After that, Raina remembers their family life becoming very normal. They were cautious, but they didn’t want to keep Kylan in a bubble. He grew into a typical, active toddler.

Just after his second birthday, Kylan went in for his third—and hopefully last—open heart surgery, which was the final step to make the right side of his heart the main pumping chamber for the rest of his life. After watching their son struggle with low oxygen levels for the last year, Raina and Nick prayed this surgery would make Kylan healthy.

“When we were finally able to see our little warrior, he looked incredible,” says Raina. “His lips and nails—which had always been blue—were a beautiful, healthy pink for the first time in his life. We were so happy and relieved!”

After the last surgery, Kylan started preschool and his parents let him do everything typical of a little boy his age—running, climbing, jumping. When he started experiencing breathing issues last year, he had to undergo surgery to widen his narrowed aorta, and his parents say he has been a different kid ever since.

Happy and healthy
Today Kylan is a happy, healthy 6-year-old. Though he understands his restrictions and knows how to self-regulate, he doesn’t have a problem keeping up with his friends. He is active and adventurous, and loves karate, swimming and sledding. Kylan is also enjoying his new role of big brother to twin siblings born in February.

“I never thought I would see the day that life is so normal, and for that we are so grateful to Advocate Children’s Hospital and to all of the amazing doctors and nurses there,” says Raina. “We couldn’t be more blessed and thankful for where our journey has led us, and we can only hope this continues for a very long time.”

If you are interested in making a gift to support Advocate Children’s Hospital programs and services, please call 630.929.6953.
Cynthia and Jerry Mungerson were raising a family in Boston in the early 1970s when Jerry was recruited to leave his position at one of Harvard University’s teaching hospitals to become the next president of Illinois Masonic Medical Center in Chicago. “I didn’t know anything about Masons at the time, so I didn’t know what to expect,” Cynthia says today.

She liked what she found. The oldest fraternal organization in the world, Freemasonry is steeped in tradition. But with three million members representing every race, religion, opinion, and background, Masons are also as open and contemporary as the modern and light-filled new facility on Nelson Street that Illinois Masons collectively provided more than $2 million in philanthropy to help build.

**Advocate Illinois Masonic Medical Center’s** first major patient-care construction project in 40 years, the Center for Advanced Care is a stunning structure that brings the medical center’s campus in line with its designation as one of the nation’s 100 Top Hospitals. Designed in partnership with the medical center’s neighbors to blend in seamlessly with the surrounding community, the three-story building houses the Creticos Cancer Center, the Digestive Health Institute and the Ambulatory Surgery Center.

“It doesn’t look like a typical medical facility, and that’s consistent with a new philosophy of care,” says Barry Weer, Grand Master of the Grand Lodge of Illinois A.F. & A.M., which comprises 61,000 Masons belonging to 482 local lodges. “It’s amazing to me, the forethought and vision of the medical center’s leadership in anticipating changes happening in health care. They looked at wellness and at coordinating areas of expertise—and then found an architectural solution to infuse energy and create a vibrant environment for patients, family and friends.”

**The Masonic way**

It’s appropriate that the Masons are in the vanguard of a new era of care because Freemasonry seems to flourish in times of change. Its history traces back to medieval Europe, but it rose to prominence during the Age of Enlightenment.

It was during just such a period of change that the Illinois Masonic Hospital Association purchased Chicago Union Hospital in 1921.
All together now

Philanthropic individuals, businesses and organizations are joining with Advocate Health Care to bring integrated outpatient care to communities across Chicagoland. In addition to the Center for Advanced Care at Advocate Illinois Masonic Medical Center, facilities projects include an expansion of the Cancer Care Center and a consolidation of heart services at Advocate Good Samaritan Hospital, and a center for cardiovascular care at Advocate Lutheran General Hospital.

For information about how you can help build for the future, visit advocategiving.org.

Under its new management, Illinois Masonic Hospital soon developed a reputation for both clinical excellence and an extraordinary commitment to the underserved. “Masons have always been dedicated to the service of mankind,” says medical center president Susan Nordstrom Lopez. “Everything they do is to help others, especially those without resources.”

“There are so many amazing stories,” Cynthia Mungerson says. “During the Depression, nurses worked 12-hour days without pay to take care of Baby Carol, an infant with pneumonia. During the polio epidemic, a minister had three sick children and Illinois Masonic was the only hospital that would take them in. Masonic was the first hospital in the city to open an AIDS unit. I can’t tell you how many people have told me, if it weren’t for Masonic, I wouldn’t be alive.”

Over the decades, community residents partnered with Illinois Masonic’s staff to advance the hospital’s mission through philanthropy. Unrestricted bequests helped fund the purchase of land for expansion, while other gifts were made for specific purposes. Most of the charitable gifts came from individual Masons or members of the Order of the Eastern Star, an affiliate of Freemasonry.

For the greater good

At the turn of the 21st century, health care found itself in the midst of another major transition. It was then, in 2001, that the Masons sold their medical center to Advocate Health Care. “We saw there was much to gain from partnering with other medical centers,” says Charles Gambill, chair of the medical center’s board of trustees prior to the merger and chair of the Masonic Family Health Foundation (MFHF) ever since. “We considered several options, but Advocate aligned best with our values and priorities.”

While Masons no longer operate the medical center, they remain deeply engaged in its mission. The MFHF has provided nearly $6 million in philanthropic support of Illinois Masonic and its patients—including $1 million for the Center for Advanced Care—and each year, raises new funds through a golf outing that benefits the medical center’s Autism Treatment Program. The Grand Lodge of Illinois has also donated $1 million to the Center for Advanced Care. And countless individual Masons have made their own generous gifts before and since 2001.

As the medical center anticipates its centennial as a “Masonic” hospital, it is grateful for the support that is once again enabling it to adapt to change and adopt best practices in health care. “So much of what we do is moving or has moved into the outpatient setting, and thanks in large part to Masons’ philanthropic leadership, we now have a state-of-the-art facility for delivering that care,” says Nordstrom Lopez. “We look forward to an exciting continued partnership with the Masons of Illinois.”

The feelings are mutual. “Masonry exists to make the world a better place, but in today’s society it is harder to have any impact unless we partner with good institutions,” Grand Master Weer says. “We wanted to invest in Illinois Masonic Medical Center and help it be better—not just for Masons, but for the broader community.”
Jeff Furler credits faith and a healthy lifestyle for his miraculous recovery after suffering a stroke.
Jeff Furler retired on March 1, 2014, after 39 years with State Farm as a business analyst. The active and health-conscious 62-year-old was looking forward to playing a lot of golf and tennis, as well as bridge—his new passion.

Just a month and a half into retirement, Jeff dropped off his grandchildren at day care one morning and headed to the First Christian Church in Bloomington to play his favorite card game. In the midst of a game, he suddenly felt someone rubbing his shoulders and asking if he was okay. As he heard someone else ask if anyone had called 911, he realized he had blacked out. Jeff declined transport to the hospital when the paramedics arrived—until they told him he was exhibiting classic signs of a stroke, including left-side weakness and numbness.

**Critical response**

By the time Jeff arrived at the emergency department at Advocate BroMenn Medical Center, his symptoms had resolved. There he underwent the normal stroke protocol—consisting of a series of imaging scans—which detected a clot in his right middle cerebral artery caused by an irregular heartbeat he didn’t know he had.

“Jeff’s collateral circulation took over and re-routed the blood to the brain to continue to perfuse the vital components,” explains Kristin Peterson, manager of progressive care and stroke coordinator at BroMenn Medical Center. “If he had not sought treatment, his outcome would have been very different.”

When the tests determined there was salvageable brain tissue, neurointerventional radiologist Dr. Ajeet Gordhan was called to take Jeff into the intervention lab. By threading a catheter from Jeff’s groin into his brain, Dr. Gordhan was able to suction and remove the clot.

“When the team took me in, I asked them to say a prayer if things weren’t going well,” remembers Jeff. “Afterward, the doctor told me I must have a good relationship with God because it was a tricky procedure and they had to go up a second time to get the clot. That success was a testament to Advocate, the doctors, the staff, my health and all the people who were praying for me and my family.”

“I was in the right place at the right time, and everyone did their job,” says Jeff. “I thank God often for blessing me and seeing me through this experience. I feel like I should be on my knees every day thanking Him for allowing me to recover as I have.”

“I am so thankful.”

Jeff walked out of the hospital just two days later. The day after discharge, he returned to his bridge group—much to the surprise and excitement of his fellow players. Though Jeff did not suffer any cognitive deficits, he was frustrated by some minor motor skills issues that affected his coordination—and his golf game. Despite any challenges, he maintained his sense of humor and positive spirit throughout recovery. He has since undergone treatment for his heart issues, and he’s building up his stamina to return to running and exercising at the level he was prior to his stroke.
Making the rounds

Every day, Advocate Health Care meets the health needs of individuals, families and communities across the Chicagoland area and Central Illinois. A not-for-profit organization, Advocate relies on partnerships with donors to expand access to health care, enhance our patients’ experience, enable innovation and improve health care outcomes. In this section, we report on selected philanthropy-related developments across the Advocate system. Thank you for your support.

A move to expand and improve patient care Thanks to a generous grant from State Farm Companies Foundation, the Family Health Clinic at Advocate BroMenn Medical Center has relocated to a larger, newly renovated location on campus. The move allowed the clinic to expand its patient care area by 30 percent—doubling exam rooms from six to 13 and procedure rooms from one to two, and increasing the number of treatment tables for muscle and joint therapy from three to five. Most significant, the clinic is now able to serve approximately 50 percent more patients, many of whom are low to moderate income and considered medically at-risk.

Free celiac screening made possible through philanthropy Estimates indicate 1 out of 133 people in the United States have celiac disease, yet most do not know they have it. This spring, nearly 100 adults and children were screened at Advocate Children’s Hospital’s Pediatric Celiac Center in Park Ridge to determine if they are among the millions affected by the hereditary autoimmune disorder. With support from charitable gifts, especially a lead gift from Molly McKenna—whose two daughters are now successfully managing the disease—the Center hosted the screening free-of-charge. Philanthropy has also helped the Pediatric Celiac Center offer classes on gluten-free cooking and trick-or-treating, and other events—as well as a comprehensive resource guide for families.

Philanthropy helps advance brain surgery Thanks to a generous charitable gift, Advocate Christ Medical Center is now one of a handful of medical centers across the country using the latest 3D-HD vision technology for minimally invasive brain surgery. The neuro-endoscope gives surgeons the best visual acuity, enabling them to remove brain tumors without having to cut open a patient’s skull. This capability translates into better safety margins, shorter procedural times—reducing risks and complications—and shorter hospital stays. Most important, it also results in improved outcomes for patients.

Expansion and new equipment benefit cancer patients The Radiation Oncology Center at Advocate Condell Medical Center is not only growing in size, but also in capacity. The beneficiary of the hospital’s 2012 gala as well as many individual charitable gifts, the center is currently undergoing major renovations that will allow for a more comfortable, efficient space and new equipment. The initial phase of the expansion project included the addition of the Varian TruBeam Linear Accelerator. Capable of treating all cancers and especially effective for the brain and spine, the machine enables physicians to pinpoint treatment down to the millimeter—precisely targeting malignant cells, while sparing healthy tissue. Charitable gifts will also help fund renovations, including larger treatment areas and waiting rooms, to be completed this fall.
Expansion to improve patient experience

Construction for Advocate Eureka Hospital’s $11.4 million three-story expansion is progressing quickly—and on track for completion in early 2016. The 28,000-square-foot addition will include 11 new single-occupancy rooms, each with its own restroom and shower, and existing rooms will be converted to private rooms. “Thank you to everyone who has made a charitable gift in support of our building project so far,” says Anna Laible, administrator of Advocate Eureka Hospital. “We’ll be able to care for more patients, but more important, we’ll be able to provide an even better experience for our patients and their families.”

Feldman Pavilion nears completion

Named for generous donors, the Deb and Alan Feldman Cardiovascular Pavilion at Advocate Good Samaritan Hospital is near completion. Cardiac testing, the echocardiogram laboratory and EKG department, as well as nuclear stress testing, are now centrally located in a larger space featuring a quiet, pleasant reception area for patients and their families. New technology includes a CZT nuclear camera, which reduces radiation exposure and procedure time for patients undergoing nuclear stress scanning. To keep heart failure patients well, there’s a special program run by an advanced practice nurse who coordinates follow-up care and advises patients on diet and medications.

New Diagnostic Testing Center adds patient-centered improvements

A key feature of Advocate Good Shepherd Hospital’s campus-wide modernization project, phase I of a new, centralized Diagnostic Testing Center opened last fall. The one-stop services are increasing efficiency and enhancing the patient experience for those undergoing tests ranging from blood work and imaging to cardio and pulmonary diagnostics. Scheduled for completion by year-end, phase II will add consult space where patients with chronic illnesses, such as congestive heart failure and diabetes, can receive nutrition counseling, medication monitoring and advice on staying well. This critical service empowers patients to better manage disease, avoid hospitalization, and live longer and healthier lives.

Bringing peace to a dying young woman

Putting compassion into action, Advocate Hospice brought peace to a young mother who was dying of cancer. As she became sicker, she wanted to make sure her small children remembered her. Using resources provided through donor support, the hospice team arranged for a photographer to visit the home and capture pictures of the family. As a birthday present to the patient, the team used these photos to create a decoupaged vase that soon became the centerpiece of the family’s dinner table. The team also helped the patient write out birthday, graduation, wedding and other special occasion cards for her children to open after she was gone. These kind gestures exemplify what it means to fulfill Advocate Hospice’s mission to make every day count for patients and families facing the end of life.

Increasing access to much-needed behavioral health services

Patients arriving in hospital emergency departments often have undiagnosed or untreated mental health problems in addition to—or sometimes instead of—physical ailments. To identify these patients and help ensure that they get the behavioral health care and services they need, Advocate Illinois Masonic Medical Center started the First Access program in 2013. Funded in part by charitable gifts to the President’s Fund, First Access offers same-day treatment for children, adolescents, adults and families. Patients receive an initial assessment, evaluation, service plan and follow-up appointments for group therapy and, when needed, psychiatric care. The program has increased behavioral health patients’ appointment follow-through rate from 40 to 100 percent.

Enriching the lives of seniors

This year Older Adult Services at Advocate Lutheran General Hospital marks 35 years of serving local seniors through programming including adult day care, home-delivered meals, emergency response systems, support groups and more. Philanthropy is essential to provide these important services, and supports program growth in response to
community needs. Last year the Older Adult Services team responded to more than 28,000 visits and calls—and managed 7,000 phone calls for assistance, 6,000 home-delivered meals, 1,800 visits to our early stage Alzheimer’s program, 700 emergency response units within the Chicago area, and appointments with 1,000 seniors who needed assistance with Medicare bills after visits to their Advocate physician office or hospital.

New addiction program focuses on young adults
In 2014, Advocate Medical Group’s Addiction Treatment Program launched a new program for 18- to 25-year-olds with the help of a $500,000 gift from the Alverin M. Cornell Foundation. The service area’s only outpatient addiction program exclusively for young adults, it provides this high-risk group with the tools to make a healthy transition to adulthood and achieve lifelong sobriety. “Our family has been directly affected by addiction,” says Alverin M. Cornell Foundation board member Bill Brewer. “Through the foundation, we want to help patients have access to quality, faith-based treatment. Our hope, through our giving, is to catch young people before they completely fall and provide them a chance at productive lives of faith.”

Community partner presents fundraising opportunity
Brilliance Subaru is not only a neighbor to Advocate Sherman Hospital; it is also a supporter. With the dealership’s backing, Sherman Hospital was named one of 18 beneficiaries for the Chicago Auto Show’s 2015 First Look for Charity—the exclusive pre-opening fundraising gala and preview for the auto show held in February. Approximately $40,000 was raised to benefit the hospital’s emergency department expansion and redesign project—which will expand access to care for community members and improve pediatric services. Advocate Health Care has been named an event beneficiary from 2016 through 2023.

Site enhancements increase comfort and privacy for cancer patients
As part of Advocate’s commitment to patient-centered care, Advocate South Suburban Hospital—like all Advocate sites—strives to make facility improvements that will positively impact the patient experience. Thanks to donor support, the hospital recently remodeled its Infusion Center—adding eight infusion chairs in individual spaces with curtains for privacy, televisions for entertainment and distraction, and chairs for family members and friends accompanying patients.

Donors help tackle breast cancer
Throughout 2014, raising funds to help purchase new tools for detecting breast cancer was a major focus for Advocate Trinity Hospital. Donors learned that the hospital’s service area has one of Chicagoland’s highest rates of breast cancer mortality—and with their support, Trinity could obtain advanced technology to save lives. That goal is being realized as the hospital is installing the equipment needed for full-field digital mammography and three-dimensional mammographic exams made possible by tomosynthesis. These techniques offer increased sensitivity and specificity to more accurately detect cancer and to reduce false positives. Philanthropic dollars are also being used to add new workstations that optimize diagnostic viewing of images.

Upcoming events

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<td>Oct 3</td>
<td>An Evening to INSPIRE The Field Museum, Chicago</td>
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<td>Oct 11</td>
<td>Chicago Marathon Advocate Inspired to Run Team Grant Park, Chicago</td>
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If you are interested in planning a fundraising event to support an Advocate program or hospital, please call us at 630.929.6900.
We have a new website! advocategiving.org

Earlier this year, Advocate Charitable Foundation launched a new website—which also includes a new blog, Making the Rounds. This much-improved digital presence allows us to better share patient and donor stories, upcoming events, and news about inspiring developments across the Advocate Health Care system—many made possible by our loyal supporters and friends like you!

Available online
Enjoy a sampling of some of the many stories, events and blog posts you can read more about at advocategiving.org.

Meet Rosielyn Lassiter: A retired nurse, Rosielyn is a longtime Advocate supporter and an enthusiastic member of Trinity’s new Development Council.

Meet the Haugen Family: When Debra Haugen passed away from ovarian cancer, her family honored her life and passion for the health care ministry by creating a tribute fund in her name.

Blog

Making the Rounds

Helping new moms get help for depression
By: Patty Mack, RN, Healthy Steps Specialist at Advocate Children’s Hospital

Because new mothers may experience significant physical, emotional and social changes during pregnancy and immediately following delivery, Healthy Steps screens for signs of depression and links new mothers to mental health care and supportive services.

Thankful for the Adult Down Syndrome Center
By: Diane Maxwell, grateful parent of an adult daughter with Down syndrome

From the moment we first walked into the Adult Down Syndrome Center 15 years ago and our daughter became a patient there, we have been thankful to have done so. The Center provides specialized, comprehensive medical and psycho-social care for individuals with Down syndrome and their families.

Charitable giving
100 percent of every gift helps an Advocate site or program deliver exceptional care.

Options include:

• **Cash** or **stock gifts**.

• **Pledges** made over time.

• **Employer matching gifts** that double or triple the size of your gift.

• **Tribute gifts** to honor or remember someone special.

• **Bequests** to leave a legacy.

• **Beneficiary designations** on retirement plans or insurance policies.

• **Charitable gift annuities** to generate income.

To make a gift now, use the enclosed reply envelope, call Advocate Charitable Foundation at 630.929.6900 or give online at advocategiving.org.
Are you Inspired to Run?

We run to make a difference, to help women with breast cancer, to put a smile on a child’s face and for families who need a helping hand.

Guarantee your 2015 Bank of America Chicago Marathon entry through the Advocate Health Care Inspired to Run charity team and consider running for the people in your community.

Are you inspired?
Find out more at advocatehealth.com/inspiredtorun

Advocate Health Care is the largest health system in Illinois and one of the largest health care providers in the Midwest. Advocate operates more than 250 sites of care and 12 hospitals, including five of the nation’s 100 Top Hospitals, the state’s largest integrated children’s network, five Level I trauma centers (the state’s highest designation in trauma care), three Level II trauma centers, one of the area’s largest home health and hospice companies, and one of the region’s largest medical groups. Advocate Health Care trains more primary care physicians and residents at its four teaching hospitals than any other health system in the state. As a not-for-profit, mission-based health system affiliated with the Evangelical Lutheran Church in America and the United Church of Christ, Advocate contributed $661 million in charitable care and services to communities across Chicagoland and Central Illinois in 2013.

- Advocate BroMenn Medical Center
- Advocate Children’s Hospital – Oak Lawn and Park Ridge
- Advocate Christ Medical Center
- Advocate Condell Medical Center
- Advocate Dreyer
- Advocate Eureka Hospital
- Advocate Good Samaritan Hospital
- Advocate Good Shepherd Hospital
- Advocate at Home/Advocate Hospice
- Advocate Illinois Masonic Medical Center
- Advocate Lutheran General Hospital
- Advocate Medical Group
- Advocate Sherman Hospital
- Advocate South Suburban Hospital
- Advocate Trinity Hospital